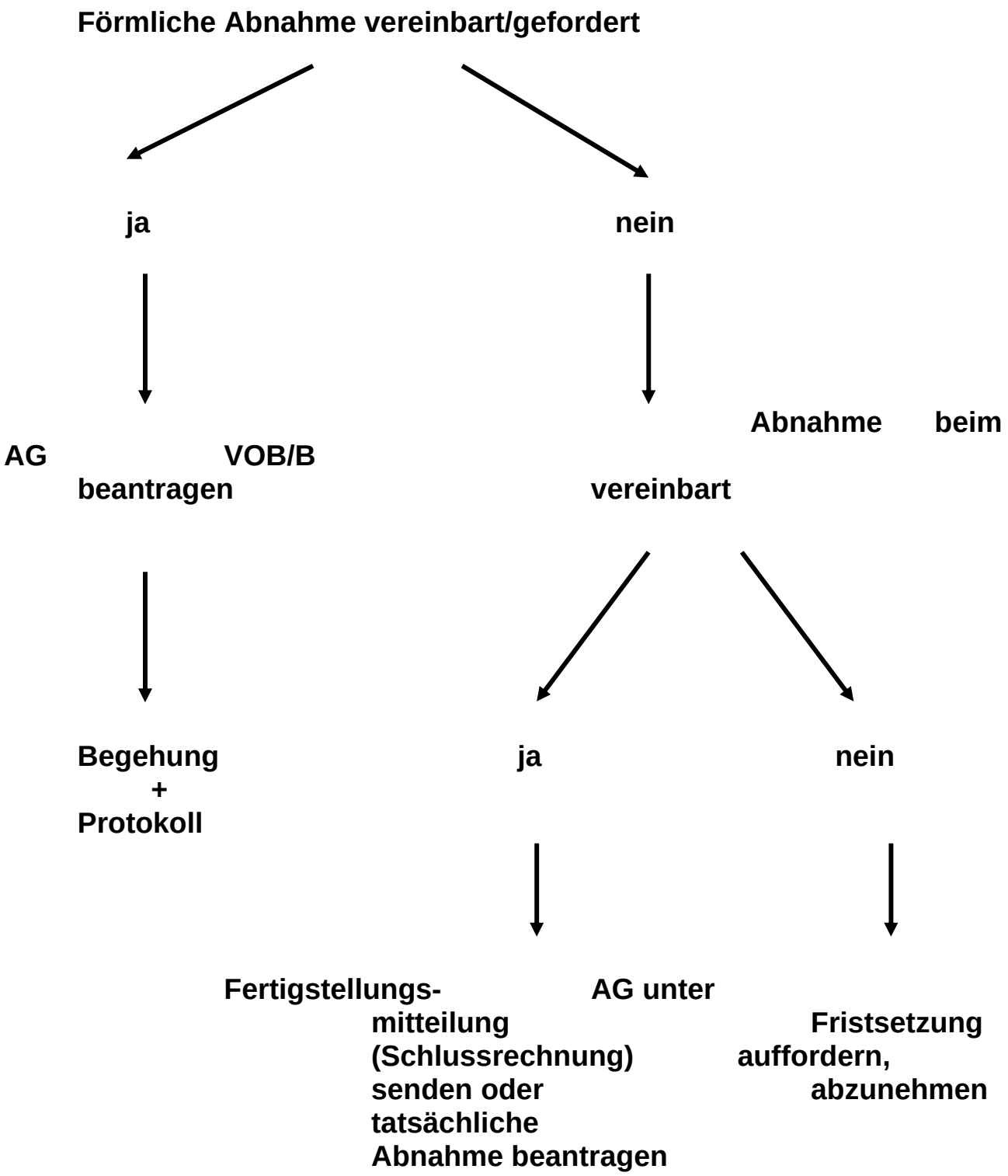Abnahmecheck